

Benjamin Zephaniah Class - Autumn Term 1 - Buddhism: The Life of the Buddha

Lesson Progression:



Key Question: Is it possible for everyone to be happy?

Learning Objectives: We are learning about the life of the Buddha and exploring how he tried to be happy and stay happy.

I Know:

- I know that Buddhism started in Nepal (originally India) 2,500 years ago.
- I know that people who follow Buddhism are called Buddhists.
- I know the Story of the Buddha.
- I know how Siddhartha became the Buddha.
- I know the 8-fold path helps others to be happy.
- I know the Bodhi Tree is also known as the Tree of Enlightenment.
- I know that Buddha means the Enlightened One.
- I know Buddhists believe enlightened means understanding how to be happy and free from suffering.

I Can:

- I can explain why people think it is difficult to be happy all the time.
- I can tell you some of the things Siddhartha did to try to be happy and explain why I think they didn't work for him.
- I can begin to show an understanding of what being happy means to Buddhists.
- I can participate in discussions about different beliefs.
- I can listen to and respect other opinions that are different to my own.

My Vocabulary:

Buddhism, Nepal, India, Buddhists, religion, beliefs, Buddha, Siddhattha, 8-fold path, Right Understanding, Right Thought, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, Right Concentration, Tripitaka, sacred, enlightened, the Enlightened One, Bodhi Tree, Tree of Enlightenment

